

MENTORSHIP LEARNING JOURNEY

CURRICULUM INTENT

A six week programme 1:1 that encourages young people to share and understand possible triggers, develop skills and awareness to overcome barriers for their future. Provide a safe space for young people to explore their feelings and develop greater control over how they display their emotions.

INTEGRITY

Being honest about what can be changed and engaging in the process.

RESPECT

Treat people how I like to be treated. Recognise everyone is different.

RESILIENCE

Recognise problems and use methods to counter act the impact other others on myself.

